

Clinical Trustee Role

About InspireUK – The Charity

InspireUK was founded in October 2020 to help the overwhelming NHS and other mental health providers through the COVID19 pandemic. InspireUK offers affordable counselling services to individuals through the pool of BACP registered counsellors and therapist. Helping bridge the gap in accessibility and affordability for counselling services. Often individuals are denied NHS support and privately run practices are not feasible. The NHS mental health service is underfunded and often individuals are finding themselves either waiting a long time to see a therapist or even denied the help.

Who we are looking for

We are looking to recruit enthusiastic and passionate people, with diverse experiences, from across the UK to develop our Board of Trustees and support this expansion. Applications are welcome from all sections of the community, and we would really like to make our Board more diverse so that we are reflecting the communities that we are working with. We recognise the many inequalities, discrimination and challenges associated with people's experience of mental health and want to ensure we accurately reflect these in the appointments we make.

We particularly encourage applications from candidates who are from Black, Asian and minority ethnic backgrounds, LGBTQA+ and disabled, as they are under-represented on our current board. Experience of being a Trustee or occupying other leadership roles is not required, in fact, this is a great first step for someone looking to expand their exposure on a Board.

We have a Board of experienced Trustees with a wide range of backgrounds and experiences and all applications are welcome to strengthen the complement further. However, we are keen to address some specific gaps in our current Board, so would be interested to hear from you if you have the following skills/expertise:

Clinical professional

A clinical professional with experience of working in the mental health sector (including NHS Trusts) will further enhance the reputation of the Charity in this space.

In addition to the above experiences, our trustees need to:

- Be committed to the mission, values and activities of InspireUK - The Charity
- Have a passion for improving access and eradicating the stigma associated with mental illness
- Have experience of working with a counselling / therapy service
- Be able to communicate with different groups of people, on diverse and often sensitive subjects, and be willing to understand things from others' points of view
- Be willing to engage in supportive discussions and shared decision making to ensure the Charity's mission and objectives are met
- Be willing to contribute to all aspects of the Trustee role, including attending and preparing for meetings (offered in-person and online), and all other aspects of Board business.

- Be actively involved in the charity and commit to volunteering hours to ensure the charities objectives are met

To support them in the role, all our Trustees can expect to:

- Engage in a fully supported induction and onboarding process
- Engage in relevant professional development activities relevant to the role
- Be allocated a mentor to support their first year in the role
- Meet with the Chair of the Board of Trustees as needed to comment and/or raise questions
- Engage in Board development away days and other learning events, including those with the Volunteers and staff
- Claim reasonable expenses to fulfil their role

Trustees will normally be appointed for a period of three years in the first instance. Trustees may be reappointed for a maximum of two additional three-year periods, meaning they shall not normally be appointed for a period of more than nine years.

Applying for the role:

Please email info@inspireuk.co to apply for the this trustee role.

Advertising the roles

We are committed to recruiting trustees from diverse backgrounds and experiences and are advertising for the above roles in various places and through various networks.

If you find it difficult to apply as outlined above due to disability or other reasons, please contact info@inspireuk.co to make alternative arrangements.